Supplemental material

Plasma biomarkers of neurodegeneration in patients and high risk subjects with Lewy

body disease

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Contents:

Supplementary Table: 1

Supplementary Figures: 5

Supplementary Table 1. Background characteristics of the patients with Parkinson's disease by cognitive function

	PD-CN	PD-CI	p value
Number (M:F)	40 (22:18)	44 (22:22)	0.668a
Age, years	64.4 (9.0)	72.8 (7.8)	< 0.001 ^b
Education, years	13.6 (2.4)	12.9 (3.5)	0.284^{b}
DaT abnormal, %	23/23 (100)	20/20 (100)	1.000^{a}
MIBG abnormal, %	21/26 (80.8)	20/22 (90.9)	0.429 ^a
DaT and/or MIBG abnormal, %	33/33 (100)	29/29 (100)	1.000^{a}
Disease duration, years	6.3 (5.0)	5.5 (4.9)	0.582°
MoCA-J	27.6 (1.3)	21.7 (3.5)	< 0.001°
Stroop test part 2 - part 1, sec	12.8 (7.5)	30.0 (45.2)*	0.062°
Line orientation test	17.2 (2.1)	14.5 (3.0)	< 0.001°
Hoehn and Yahr	1.9 (0.8)	2.3 (1.0)	0.222°
LEDD	423.6 (449.6)	384.3 (327.1)	0.654°
MDS-UPDRS III	22.6 (9.8)	27.2 (10.3)	0.121°
Rigidity	3.2 (2.5)	3.9 (3.5)	0.701°
Tremor	3.6 (4.0)	3.9 (4.4)	0.754°
Bradykinesia	11.8 (5.4)	13.2 (5.7)	0.093°
Axial signs	4.0 (3.4)	6.2 (3.8)	0.074°
SCOPA-AUT	10.5 (7.0)	12.5 (9.4)	$0.077^{\rm c}$
SAOQ, %	65.1 (38.3)	70.4 (35.1)	0.343°
RBDSQ	3.3 (2.1)	4.6 (3.2)	0.034°
BDI-II	8.8 (5.8)	10.7 (6.8)	0.045°
ESS	8.0 (4.6)	7.8 (5.1)	0.205°
PDQ-39 summary index	15.8 (11.5)	22.7 (17.9)	0.005°
QUIP	0.3 (0.8)	0.5 (1.0)	0.038°

Patients with PD with MoCA-J \geq 26 and \leq 26 are classified as cognitively normal (PD-CN) and cognitively impaired (PD-CI), respectively

PD, Parkinson's disease; DaT, dopamine transporter; MIBG, metaiodobenzylguanidine; MoCA-J, the Japanese version of the Montreal Cognitive Assessment; LEDD, Levodopa equivalent daily dose; MDS-UPDRS, Movement Disorder Society-Unified Parkinson's Disease Rating Scale; SCOPA-AUT, the Japanese version of the Scale for Outcomes in Parkinson's disease for Autonomic Symptoms; SAOQ, Self-administered Odor Question; RBDSQ, RBD screening scale; BDI-II, Beck Depression Inventory-Second

Edition; ESS, Epworth Sleepiness Scale; PDQ-39, Parkinson's Disease Questionnaire-39; QUIP, Questionnaire for Impulsive-Compulsive Disorders in Parkinson's disease

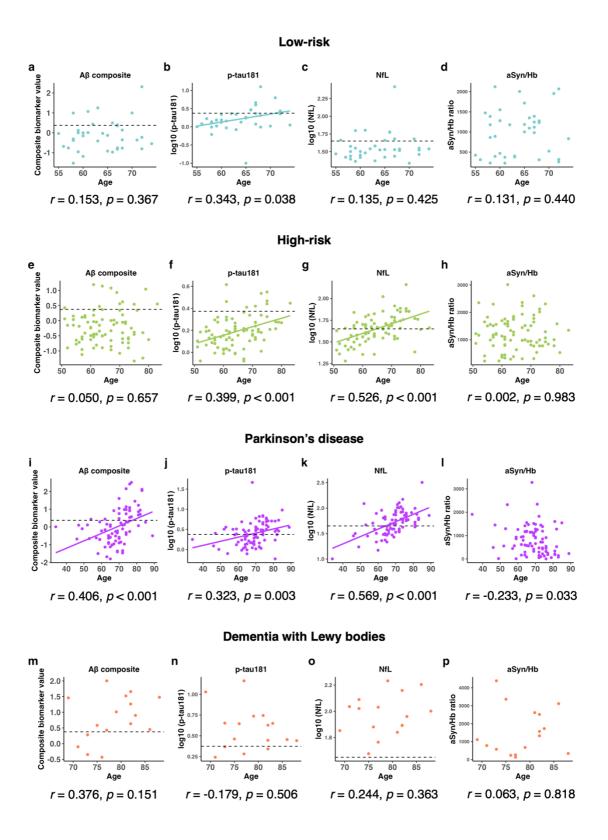
*Two patients with PD patients could not complete the Stroop test

^ap values determined by Fisher's exact test

 ${}^{\mathrm{b}}p$ values determined by Student's t-test

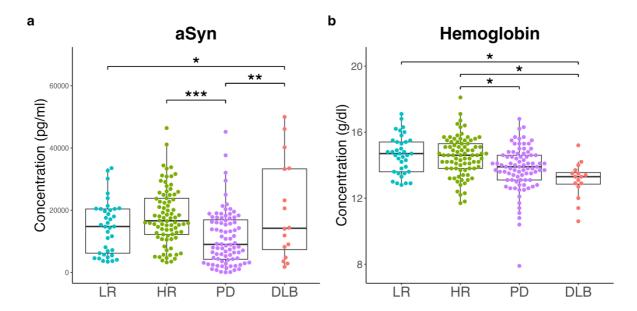
^cp values determined by analysis of covariance (ANCOVA) adjusted for age and sex

Data represent the mean (standard deviation) or value (%)

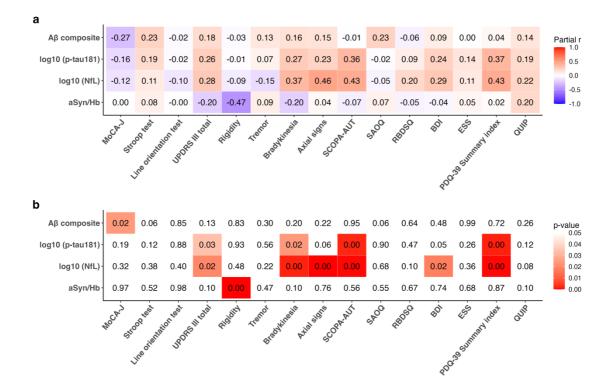


Supplementary Figure 1. Pearson's correlation test between plasma biomarkers and age in the low-risk group (a–d), high-risk group (e–h), Parkinson's disease group (i–l), and dementia with Lewy bodies group (m–p). The cut-off values for Aβ composite, log₁₀ (p-tau181), and log₁₀ (NfL) are indicated by dotted lines (Aβ composite, 0.376; log₁₀ [p-tau181], 0.374; log₁₀

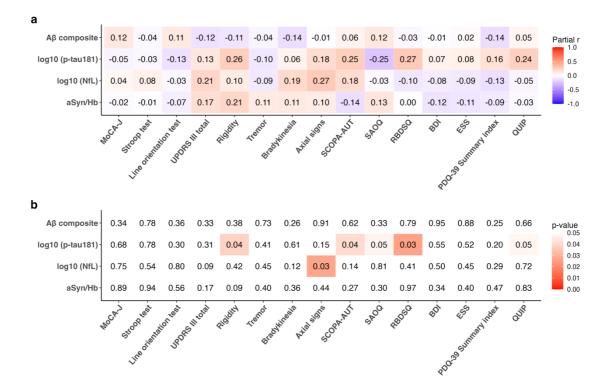
[NfL], 1.65). A β composite, combination biomarker of amyloid-beta precursor protein (APP)₆₆₉₋₇₁₁/amyloid-beta (A β)₁₋₄₂ and A β ₁₋₄₀/A β ₁₋₄₂ ratios; p-tau181, phosphorylated tau 181; NfL, neurofilament light chain; aSyn/Hb, alpha-synuclein/hemoglobin ratio



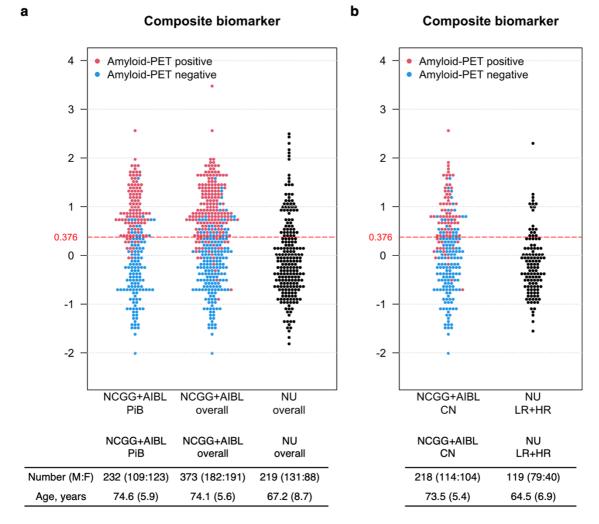
Supplementary Figure 2. Levels of aSyn (a) and hemoglobin (b) are plotted with individual values and boxplots across diagnostic groups. Analysis of covariance (ANCOVA) adjusted for age and sex is used to determine p values visualized with ***p < 0.001, **p < 0.01, *p < 0.05. aSyn, alpha-synuclein; LR, low-risk; HR, high-risk; PD, Parkinson's disease; DLB, dementia with Lewy bodies.



Supplementary Figure 3. Age-adjusted Pearson's partial correlation test between plasma biomarkers and clinical indices in the Parkinson's disease group. Partial correlation coefficients (a) and p values (b) are shown. A β composite, combination biomarker of amyloid-beta precursor protein (APP)₆₆₉₋₇₁₁/amyloid-beta (Aβ)₁₋₄₂ and Aβ₁₋₄₀/Aβ₁₋₄₂ ratios; p-tau181, 181; NfL, neurofilament phosphorylated tau light chain; synuclein/hemoglobin ratio; MoCA-J, the Japanese version of the Montreal Cognitive Assessment; UPDRS, Movement Disorder Society-Unified Parkinson's Disease Rating Scale; SCOPA-AUT, the Japanese version of the Scale for Outcomes in Parkinson's disease for Autonomic Symptoms; SAOQ, Self-administered Odor Question; RBDSQ, RBD screening scale; BDI-II, Beck Depression Inventory-Second Edition; ESS, Epworth Sleepiness Scale; PDQ-39, Parkinson's Disease Questionnaire-39; QUIP, Questionnaire for Impulsive-Compulsive Disorders in Parkinson's disease



Supplementary Figure 4. Age-adjusted Pearson's partial correlation test between plasma biomarkers and clinical indices in the high-risk group. Partial correlation coefficients (a) and *p* values (b) are shown. Aβ composite, combination biomarker of amyloid-beta precursor protein (APP)₆₆₉₋₇₁₁/amyloid-beta (Aβ)₁₋₄₂ and Aβ₁₋₄₀/Aβ₁₋₄₂ ratios; p-tau181, phosphorylated tau 181; NfL, neurofilament light chain; aSyn/Hb, alpha-synuclein/hemoglobin ratio; MoCA-J, the Japanese version of the Montreal Cognitive Assessment; UPDRS, Movement Disorder Society-Unified Parkinson's Disease Rating Scale; SCOPA-AUT, the Japanese version of the Scale for Outcomes in Parkinson's disease for Autonomic Symptoms; SAOQ, Self-administered Odor Question; RBDSQ, RBD screening scale; BDI-II, Beck Depression Inventory-Second Edition; ESS, Epworth Sleepiness Scale; PDQ-39, Parkinson's Disease Questionnaire-39; QUIP, Questionnaire for Impulsive-Compulsive Disorders in Parkinson's disease



Supplementary Figure 5. Aβ composite levels in the current cohort (NU) compared to historical cohorts (NCGG and AIBL) in all participants (a) and cognitively normal (CN) participants (b). The cut-off value for the Aβ composite is indicated by the dotted line (0.376). Composite biomarker, combination biomarker of amyloid-beta precursor protein (APP)₆₆₉₋₇₁₁/amyloid-beta (Aβ)₁₋₄₂ and Aβ₁₋₄₀/Aβ₁₋₄₂ ratios; PiB, Pittsburgh compound-B-amyloid positron emission tomography; NCGG, National Center for Geriatrics and Gerontology; AIBL, the Australian Imaging, Biomarker and Lifestyle Study of Aging; NU, Nagoya University. Data of age represent the mean (standard deviation).