PLOS Neglected Tropical Diseases

Infection and biogeographical characteristics of Paragonimus westermani and P. skrjabini in humans and animal hosts in China: a systematic review and meta-analysis --Manuscript Draft--

Manuscript Number:	PNTD-D-24-00165
Full Title:	Infection and biogeographical characteristics of Paragonimus westermani and P. skrjabini in humans and animal hosts in China: a systematic review and meta-analysis
Short Title:	Infection and biogeographical characteristics of Paragonimus in China
Article Type:	Research Article
Keywords:	Paragonimus; prevalence; meta-analysis; temperature; precipitation; animal hosts; China
Abstract:	Abstract Background Paragonimiasis, primarily caused by Paragonimus westermani and P. skrjabini in China, is a common food-borne parasitic zoonosis. Despite numerous epidemiological surveys conducted over the past decades, the national distribution of Paragonimus infection and its associated environmental determinants remain poorly understood. In this paper, we summarize the infection of P. westermani and P. skrjabini and describe key biogeographical characteristics of the endemic areas in China. Methods Data on Paragonimus infection in humans, snails, second intermediate hosts, and animal reservoirs were extracted from eight electronic databases. A random-effects meta-analysis model was used to estimate the pooled prevalence. All survey locations were georeferenced and plotted on China map, and scatter plots were used to illustrate the biogeographical characteristics of regions reporting Paragonimus infection. Results A total of 28,948 cases of human paragonimiasis have been documented, with 2,401 cases reported after 2010. Among the 11,443 cases with reported ages, 88.05% were children or adolescents. The pooled prevalence of P. skrjabini is 0.45% (95% CI: 0.27 – 0.66%) in snails, 31.10% (95% CI: 24.77 – 37.80%) in the second intermediate host, and 20.31% (95% CI: 9.69 – 33.38%) in animal reservoirs. For P. westermani, the pooled prevalence is 0.06% (95% CI: 0.1 – 0.13%) in snails, 52.07% (95% CI: 43.56 – 60.52%) in the second intermediate host, and 21.40% (95% CI: 7.82 – 38.99%) in animal reservoirs. P. westermani and P. skrjabini are primarily distributed in regions with low altitude, high temperature, and high precipitation. In northeastern China, only P. westermani infections have been documented, with no presence of P. skrjabini, while in more southern areas, infections of both P. westermani and P. skrjabini have been reported. Conclusions Paragonimiasis remains prevalent in China, particularly among children and adolescents. Variations exist in the intermediate hosts and geographical distribution of P.
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Diseases for specific examples.	LH2022GG02), and the National Natural Science Foundation of China (https://www.nsfc.gov.cn/) (grant no. 81902905).
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1	Infection and biogeographical characteristics of <i>Paragonimus westermani</i> and <i>P</i> .
2	skrjabini in humans and animal hosts in China: a systematic review and meta-
3	analysis
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26 Abstract

27 Background

Paragonimiasis, primarily caused by *Paragonimus westermani* and *P. skrjabini* in China, is a common food-borne parasitic zoonosis. Despite numerous epidemiological surveys conducted over the past decades, the national distribution of *Paragonimus* infection and its associated environmental determinants remain poorly understood. In this paper, we summarize the infection of *P. westermani* and *P. skrjabini* and describe key biogeographical characteristics of the endemic areas in China.

34 Methods

Data on *Paragonimus* infection in humans, snails, second intermediate hosts, and animal reservoirs were extracted from eight electronic database random- effects meta- analysis model was used to estimate the pooled prevalence. All survey locations were georeferenced and plotted on China map, and scatter plots were used to illustrate the biogeographical characteristics of regions reporting *Paragonimus* infection.

41 **Results**

A total of 28,948 cases of human paragonimiasis have been documented, with 2,401 cases reported after 2010. Among the 11,443 cases with reported ages, 88.05% were children or adolescents. The pooled prevalence of *P. skrjabini* is 0.45% (95% *CI*: 0.27 -0.66%) in snails, 31.10% (95% *CI*: 24.77 - 37.80%) in the second intermediate host, and 20.31% (95% *CI*: 9.69 - 33.38%) in animal reservoirs. For *P. westermani*, the pooled prevalence is 0.06% (95% *CI*: 0.01 - 0.13%) in snails, 52.07% (95% *CI*: 43.56 -60.52%) in the second intermediate host, and 21.40% (95% *CI*: 7.82 - 38.99%) in animal reservoirs. *P. westermani* and *P. skrjabini* are primarily distributed in regions
with low altitude, high temperature, and high precipitation. In northeastern China,
only *P. westermani* infections have been documented, with no presence of *P. skrjabini*, while in more southern areas, infections of both *P. westermani* and *P. skrjabini* have been reported.

54 **Conclusions**

Paragonimiasis remains prevalent in China, particularly among children and
adolescents. Variations exist in the intermediate hosts and geographical distribution of *P. westermani* and *P. skrjabini*. Additionally, prevalue and precipitation may
influence the distribution of *Paragonimus*.

59

60 Author summary

61 Paragonimiasis, a foodborne zoonotic parasitic disease caused by lung flukes 62 (Paragonimus), remains a significant neglected public health threat in many Asian 63 countries, including China. Human infection occurs through the ingestion of raw or 64 undercooked freshwater crab or crayfish containing the metacercariae stage. Given 65 the popularity of consuming raw or undercooked freshwater products in many areas of 66 China, understanding the infection status and spatial distribution of Paragonimus in 67 humans and animal hosts is crucial for controlling paragonimiasis. Our study provides 68 a comprehensive summary of the infection levels of the two most important zoonotic 69 Paragonimus species, P. westermani and P. skrjabini, in humans and animal hosts in 70 China, along with a description of the spatial distribution and environmental characteristics of their endemic areas. We observe a wide distribution of Paragonimus 71 72 infection in China, with a significant infection rate found in freshwater crabs and crayfish. Our findings underscore the importance of avoiding the consumption of raw
or undercooked freshwater products to prevent foodborne diseases, including
paragonimiasis.

76

77 Introduction

78 Paragonimiasis is a food-borne zoonotic disease caused by several species of lung 79 flukes belonging to genus *Paragonimus* [1]. It typically causes subacute to chronic 80 pneumonia. The symptoms, including chronic cough, chest pain, dyspnea, and 81 hemoptysis, mimic those of tuberculosis and lung cancer [2]. Human 82 paragonimiasis is widely distributed in Asia, Americas, and Africa, and is 83 still a significant neglected public health threat in China. An estimated 293.8 million 84 individuals are at risk of *Paragonimus* infection, with 195 million of them residing in 85 China [3, 4].

More than 30 *Paragonimus* species have been documented in China, among which *P. westerman* and *P. skrjabini* are the most important zoonotic species [2, 5]. *P. westermani* (Japanese lung fluke or oriental lung fluke) is most commonly distributed in eastern Asia and in South America, and is the most common cause of human paragonimiasis. *P. skrjabini* is especially prevalent in China, with cases appearing more recently in India and Vietnam as well. *P. westermani* followed by *P. skrjabini* are the major pathogens for human paragonimiasis in China.

93 Parasites of *Paragonimus* spp. have a three-host life cycle, with aquatic snails 94 serving as the first intermediate host, freshwater decapod crustaceans as the second 95 intermediate host, while human and other mammals as the definitive host. Human 96 infection is acquired by eating inadequately cooked or pickled freshwater crabs or 97 cray fishes containing the infective forms called metacercariae [6, 7]. Drinking
98 untreated stream or river water is also considered to be a possible route of infection
99 [8].

100 Given the three host nature of the parasite and the fact that consuming raw or undercooked freshwater products is still popular in many areas of China, the infection 101 102 status of Paragonimus in animal hosts is closely related to the epidemic of human 103 paragonimiasis [9]. Therefore, comprehending the level of infection in animals will 104 provide valuable insights for controlling human paragonimiasis. However, 105 prevalence estimates of *Paragonimus* infection in the literature vary greatly 106 across different studies. To date, there has been no comprehensive estimation of Paragonimus infection in humans and animal hosts. In addition, very few attempts 107 108 at the spatial and environmental characteristics of *Paragonimus* infection in 109 China have been made. Consequently, the aims of the current study are to 110 summarize the infection level of two most important zoonotic *Paragonimus* species, *P*. 111 westermani and P. skrjabini, in humans and animal hosts in China, and to describe the 112 spatial distribution and environmental characteristics of their endemic areas.

113

114 Method

115 Literature retrieval and selection

116 This systematic review followed the Preferred Reporting Items for Systematic117 Reviews and Meta-analyses (PRISMA) reporting guidelines [10].

A systematic literature search was conducted to identify all studies reporting
 Paragonimus infection in humans and animals from inception to January 1, 2024,
 using the following electronic databases: China National Knowledge Infrastructure

121 (CNKI), Chinese Wanfang database (CWFD), Chongqing VIP, SinoMed, Medline,
122 Embase, PubMed, and Web of Science. Full-text search was performed using the
123 terms 'paragonimiasis', '*Paragonimus*', 'lung fluke', 'lung trematode', in conjunction
124 with 'China'. The search was limited to English and Chinese languages.

125 After removing duplicates, two reviewers (KL and YC-S) independently 126 reviewed all the titles and abstracts, with assistance of a third reviewer (RT-127 P) to reach a consensus in case of disagreement. Subsequently, the full texts 128 were assessed for inclusion by the same reviewers. All studies included in 129 the meta-analysis were published in English or Chinese, and were primary 130 research articles, and epidemiological studies reporting infection rate of 131 Paragonimus in humans and animal hosts. Studies were further excluded from 132 meta-analysis if they were letters to the editor, non-epidemiological studies, or had a 133 sample size of fewer than 20 [11]. Additionally, we collected case reports and case 134 series of human infections to summarize the characteristics of cases of human 135 paragonimiasis.

136 Data extraction and quality assessment

The following information was extracted from the included articles: title, first author, language, year of publication, year of investigation, study location, *Paragonimus* species, diagnostic techniques used in the study, sample size, number of positive cases, infection rate, and taxonomic category of animal host for infection in animals. In population-based surveys, the participants first underwent immunological testing (usually skin testing), and those who tested positive further underwent etiological testing. In this case, the infection rate was calculated using the total number of participants as the denominator, with etiologically confirmed positives as the
numerator

146 Two reviewers (KL and YC-S) independently evaluated the quality of each 147 included study using a standardized assessment tool developed by Hoy [12]. This tool 148 provides ten items to access the risk of bias, with each item given a score of 0 or 1 for 149 the absence or presence of bias. A summary score of 0–3 indicates a low risk of bias, 150 4–6 indicates a moderate risk of bias, and 7–10 indicates a high risk of bias.

151 Statistical analysis

Freeman-Tukey double arcsine transformation was used to normalize the infection 152 rate and ensure the validity of subsequent analyses [13]. Heterogeneity across studies 153 was assessed using Cochran's Q test and I^2 statistics, where I^2 statistics quantified the 154 155 percentage of variation across studies (with I^2 values indicating low, moderate, and 156 high heterogeneity at 25%, 50%, and 75%, respectively). If the heterogeneity is 157 statistically significant, a random-effects model was used for meta- analysis; 158 otherwise, a fixed-effects model was used [14, 15]. The random-effects model was 159 ultimately used to estimate the pooled prevalence in this study, following the results 160 of the heterogeneity test. Additionally, subgroup and meta- regression analyses were 161 employed to explore the potential source of heterogeneity across studies and assess 162 the effects of moderators on the infection rates.

163 R^2 , QM and QE statistics were utilized to interpret the results of subgroup and 164 meta-regression analyses [11]. R^2 represents the proportion of true heterogeneity that 165 can be explained by the moderator; QM and its *P*-value determine the significance of 166 the moderators in explaining heterogeneity; and QE and its *P*-value evaluate the 167 significance of unexplained residual heterogeneity [16, 17]. 168 Funnel plots and Egger's test were employed to assess potential publication bias. 169 Sensitivity analyses were conducted to evaluate the robustness of the pooled estimate 170 [18, 19]. Initially, outlier analyses were performed using Baujat plots. Studies located 171 in the top right quadrant of the Baujat plot, or with studentized residuals exceeding 2 172 in absolute value, were considered potential outliers. After removing identified 173 outliers, the overall pooled prevalence estimates were recalculated and compared with 174 the main findings. Furthermore, we examined whether excluding smaller-sample data 175 points (i.e., data points with the lowest quintile of sample sizes) yielded findings 176 similar to the main results.

All statistical analyses were performed using R4.2.1 software (Lucent
Technologies, Jasmine Mountain, USA). For all tests, p values less than 0.05 were
considered statistically significant.

180 Data collection on environmental factors and visualization of

181 the spatial distribution and biogeographical characteristics

182 Baidu Map was used to determine the latitude and longitude coordinates of each study 183 location. For human infection, all etiological confirmed paragonimiasis cases 184 documented in population surveys, case reports, and case series were included in the 185 spatial analyses. Environmental factors for each location, including annual mean 186 temperature, annual precipitation, mean temperature of warmest quarter, precipitation 187 of warmest quarter, mean temperature of coldest quarter, precipitation of coldest 188 quarter were obtained from the WorldClim database (https://www.worldclim.org/) [20]. Altitude data was obtained from the Space Shuttle Radar Topography Mission 189 190 (SRTM, http://www.gscloud.cn/) [21].

191 To visualize the spatial distribution of P. westermani and P. skrjabini infection, 192 we georeferenced the etiologically definite human paragonimiasis cases and the 193 infection rates of various animal hosts, and plotted them on a map of China using 194 software ArcGIS10.7 (Environmental System Research Institute, Redlands, USA). 195 Additionally, scatter plots were used to illustrate the biogeographical characteristics 196 of regions reporting P. westermani and P. skrjabini infection. T-tests were further 197 conducted to explore the potential differences in biogeographical characteristics 198 between the two Paragonimus species.

199

200 **Results**

201 Literature selection and quality assessment

Initially, 876 publications were identified through literature search. After removing
duplicates, 10,642 articles were screened based on titles and abstracts, resulting in
1,880 articles for full-text assessment. Following full-text assessments, 38 studies
were ultimately included in the meta-analysis for human infections, 107 for snail
infections, 172 for infections in the second intermediate host, and 22 for infections in
animal reservoirs (Fig 1).

208

209 Fig 1. Flow diagram of study selection for the systematic review and meta-analysis

210

In the risk of bias assessment, all the studies were rated as having low to moderate bias (S1-S4 Tables). Specifically, 6 out of 38 publications for human infections, 81 out of 107 publications for snail infections, 143 out of 172 for the second intermediate hosts, and 20 out of 22 for animal reservoirs were rated as having
low bias. The most common risk identified was the lack of random selection of the
sample.

217 Infection of *P. westermani* and *P. skrjabini* in humans

218 A total of 28,948 cases of human paragonimiasis have been reported in the 219 literature, of which 2,401 cases occurred after 2010, 14,654 cases were male, and 220 6,089 cases were from rural areas (see Table 1). Notably, A total of 10,076 cases of 221 infection in children or adolescents have been reported, with 8,695 cases reported 222 before 2010 and 1,381 reported after 2010. As shown in Fig 2, human infections of 223 Paragonimus have been documented in all provinces except for Tibet, Qinghai, 224 Gansu, and Ningxia. The cases of human infection are mainly documented in 225 provinces or municipalities in the Yangtze River Basin, including Chongqing (6,035), 226 Zhejiang (5,324), Hubei (4,945), Sichuan (2,896), and Hunan (1,414), which together 227 account for 71.12% of the total national cases (see Table 1). It is worth noting that 228 after 2010, there are still a considerable number of reported cases in areas such as 229 Chongqing (1,073) and Sichuan (595), and many other provinces and municipalities 230 also continue to report cases.

Only a few cases differentiated whether the infection was caused by *P*. *westermani* and *P. skrjabini*. Cases of *P. westermani* infection are widely distributed,
while *P. skrjabini* infections are primarily concentrated in more southern regions (Fig
234 2).

235

236 Table 1. Characteristics of human paragonimiasis cases documented in China

		Before 1990	1990-1999	2000-2009	After 2010	Total	
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Province					
Chongqing	779	984	3199	1073	6035
Zhejiang	1879	1649	1595	201	5324
Hubei	2466	989	1440	50	4945
Sichuan	640	537	1124	595	2896
Guizhou	1202	295	197	149	1843
Hunan	755	546	106	7	1414
Shaanxi	489	311	161	14	975
Liaoning	261	604	33	3	901
Fujian	490	33	341	4	868
Anhui	636	95	2	0	733
Shanghai	182	193	215	26	616
Heilongjiang	542	13	3	0	558
Jiangsu	82	369	38	40	529
Henan	176	104	44	64	388
Beijing	99	24	12	67	202
Shandong	0	176	5	0	181
Jiangxi	157	9	6	0	172
Yunnan	17	1	31	89	138
Jilin	92	3	0	2	97
Guangdong	4	23	19	15	61
Shanxi	0	14	14	0	28
Guangxi	1	23	1	0	25
Hebei	9	1	1	1	12
Hainan	0	0	3	0	3
Inner Mongoria	0	0	1	0	1
Taiwan	0	0	0	1	1
Tianjing	1	0	0	0	1
Xinjiang	0	1	0	0	1
Macao	0	0	0	0	0
Gansu	0	0	0	0	0
Ningxia	0	0	0	0	0
Qinghai	0	0	0	0	0
Tibet	0	0	0	0	0

Hong Kong	0	0	0	0	0
Age					
< 18	2613	2660	3422	1381	10076
≥ 18	386	454	298	229	1367
Not specified	7960	3883	4871	791	17505
Gender					
Male	4201	4227	4587	1639	14654
Female	1677	1932	2220	677	6506
Not specified	5081	838	1784	85	7788
Source					
Urban	540	263	327	52	1182
Rural	1462	1270	2992	365	6089
Not specified	8957	5464	5272	1984	21677
Total	10959	6997	8591	2401	28948

237



239

A total of 38 studies, containing 662,003 participants, reported screening for *Paragonimus* infection in human populations (see S1 Table), with 253 confirmed cases being reported and pooled prevalence of 0.05% (95% *CI*: 0.00 - 0.12%). The heterogeneity across the studies was high ($I^2 = 93.3\%$, Table 2; forest plot shown in S1a Fig). Subgroup analysis and the meta-regression model indicated that none of the moderators could significantly explain the heterogeneity (see S5 Table).

246

Table 2. Estimates of pooled prevalence and subgroup analysis of *Paragonimus* infection in
humans

	No. of data	Sample	No. of	Pooled prevalence,	<i>I</i> ² , %	$R^2, \%$	QE P
	points	size	positive	% (95% <i>CI</i>)		(QM P value)	value
Pathogen	54	662003	253	0.05 (0.00; 0.12)	93.3	0.00 (0.575)	< 0.0001
P. westermani	30	58811	127	0.07 (0.00; 0.19)	90.1		

P. skrjabini	9	10636	22	0.04 (0.00; 0.22)	87.1		
Not specified	15	592556	104	0.03 (0.00; 0.16)	95.2		
Year of investigation						4.36 (0.290)	< 0.0001
Before 1990	36	57540	184	0.08 (0.01; 0.20)	88.4		
1990–1999	7	32729	35	0.08 (0.00; 0.33)	91.6		
2000–2010	5	81900	25	0.02 (0.00; 0.21)	66.7		
After 2010	6	489834	9	0.00 (0.00; 0.06)	33.0		
Gender						4.17 (0.156)	< 0.0001
Man	8	16340	1	0.00 (0.00; 0.11)	0		
Woman	7	5174	0	0.00 (0.00; 0.13)	0		
Not specified	39	640489	252	0.09 (0.02; 0.19)	95.2		
Specimen						0.00 (0.357)	< 0.0001
Sputum	38	100117	187	0.04 (0.00; 0.12)	90.3		
Stool	14	492277	22	0.03 (0.00; 0.18)	79.2		
Stool or sputum	2	69609	44	0.45 (0.04; 1.27)	98.5		

249 R^2 represents the proportion of true heterogeneity that can be explained by the moderator, the QE 250 *P* value shows the significance of residual heterogeneity that is unaccounted for by the moderator, 251 and the QM *P* value shows whether the moderator is statistically significant in explaining 252 heterogeneity.

253

254 Infection of P. westermani and P. skrjabini in the first

255 intermediate hosts

A total of 57 studies reported the presence of *P. westermani* infection in the first intermediate host (snails), with prevalence ranging from 0.00% to 6.72% (see S2

Table). The pooled prevalence of *P. westermani* in the first intermediate host was 0.11%

259 (95% CI: 0.02 - 0.25%), and there was high heterogeneity across the studies ($I^2 =$

260 93.6%, Table 3; forest plot is presented in S1b Fig). Semisulcospira spp. was

- 261 identified as the most common vector of *P. westermani*, with a pooled prevalence of
- 262 0.12% (95% CI: 0.02 0.28%). Additionally, Tricula spp., Erhaiini spp., and
- 263 *Bythinella* spp. were identified as potential vectors of *P. westermani*.

264 Fifty studies reported P. skrjabini infection in the first intermediate host, with 265 prevalence varied from 0.00% to 14.80% (see S2 Table). The pooled prevalence of P. 266 skrjabini in the first intermediate host was 0.46% (95% CI: 0.27 - 0.70%), and the heterogeneity across studies was high ($I^2 = 93.4\%$, Table 3; forest plot was shown in 267 268 S1c Fig). The majority of infections in snails were reported in *Tricula* spp., with a 269 pooled prevalence of 0.58% (95% CI: 0.28-0.96%). Additionally, Pseudobythinella spp., Bythinella spp., Semisulcospira spp., Oncomelania spp., Erhaiin , and 270 271 Akiyoshia spp. were also potential vectors of P. skrjabini.

Spatial distribution of *P. westermani and P. skrjabini* infection in the first
intermediate hosts is depicted in Fig 3. In the northeast area of China, *Semisulcospira*spp. serve as the primary transmission vectors of *Paragonimus*, and only *P. westermani* infection has been reported in this region. In more southern areas, *Semisulcospira* spp. are identified as the primary transmission vectors of *P. westermani*, while *Tricula* spp. are identified as the primary transmission vectors of *P. skrjabini* (Figs 3a and 3b).

Subgroup analysis and the meta-regression model indicated that the infection rate
of *P. westermani and P. skrjabini* in the first intermediate host did not exhibit
significant differences across different snail genera and time periods (see Table 3, S6
Table).

283

Table 3. Estimates of pooled prevalence and subgroup analysis of *Paragonimus* infection
in the first intermediate hosts

	No. of data	Sample	No. of	Pooled prevalence, %	<i>I</i> ² , %	$R^2, \%$	QE P
	points	size	positive	(95% <i>CI</i>)		(QM P value)	value
P. westermani	61	263423	639	0.11 (0.02; 0.25)	93.6		

Year of investigation						3.35 (0.149)	< 0.0001
Before 1990	32	120342	425	0.14 (0.01; 0.36)	91.7		
1990–1999	12	69290	52	0.04 (0.00; 0.27)	89.4		
2000–2009	11	58357	81	0.00 (0.00; 0.24)	85.6		
After 2010	6	15434	81	0.62 (0.14; 1.39)	97.3		
Genus of snail						0.00 (0.637)	< 0.0001
Semisulcospira	54	240158	599	0.12 (0.02; 0.28)	94.1		
Tricula	5	15918	11	0.04 (0.00; 0.41)	62.5		
Erhaiini	1	6227	26	0.42 (0.00; 2.49)	NE		
Bythinella	1	1120	3	0.27 (0.00; 2.27)	NE		
P. skrjabini	75	411797	1343	0.46 (0.27; 0.70)	93.4		
Year of investigation						0.00 (0.678)	< 0.0001
Before 1990	22	112904	428	0.52 (0.18; 1.01)	92.6		
1990–1999	14	75143	247	0.34 (0.02; 0.90)	93.9		
2000–2009	24	193038	502	0.34 (0.07; 0.75)	91.9		
After 2010	15	30712	166	0.74 (0.26; 1.43)	95.5		
Genus of snail						0.00 (0.830)	< 0.0001
Tricula	36	253031	643	0.58 (0.28; 0.96)	94.6		
Pseudobythinella	11	64914	340	0.57 (0.11; 1.32)	90.5		
Bythinella	10	9481	79	0.41 (0.01; 1.19)	84.7		
Semisulcospira	9	63806	178	0.06 (0.00; 0.60)	79.6		
Erhaiini	3	5789	26	0.80 (0.00; 2.66)	92.4		
Akiyoshia	3	2575	20	0.71 (0.00; 2.48)	89.5		
Oncomelania	2	10925	57	0.20 (0.00; 2.28)	0.0		
Assiminea	1	1276	0	0.00 (0.00; 1.83)	NE		

286 NE: not estimated; R^2 represents the proportion of true heterogeneity that can be explained by the 287 moderator, the QE *P* value shows the significance of residual heterogeneity that is unaccounted 288 for by the moderator, and the QM *P* value shows whether the moderator is statistically significant 289 in explaining heterogeneity.

290

291 Fig 3. Spatial distribution of *P. westermani* and *P. skrjabini* infection in the first

292 intermediate hosts in China. (a) *P. westermani* infection in the first intermediate hosts; (b)

293 *P. skrjabini* infection in the first intermediate hosts

294

295 Infection of P. westermani and P. skrjabini in the second

296 intermediate hosts

297 In total, 94 studies reported P. westermani infection in the second intermediate host 298 (see S3 Table), with a pooled prevalence of 52.02% (95% CI: 44.35-59.64%) and high heterogeneity across studies ($I^2 = 99.6$ %, Table 4; forest plot presented in S1d 299 300 Fig). Genus Cambaroides was identified as the primary second intermediate host for 301 *P. westermani* in the northeastern areas of China (Fig 4a), with a pooled prevalence of 302 59.79% (95% CI: 42.65 - 75.79%; Table 4). In other areas of China, Sinopotamon spp. 303 were the primary second intermediate host, with a pooled prevalence of 52.86% (95% 304 CI: 43.68 - 61.94%; other freshwater crabs such as Nanhaipotamon spp. and 305 Huananpotamon spp. could also serve as the second intermediate host (see Table 4, 306 S3 Table).

307 Eighty-one studies reported *P. skrjabini* infection in the second intermediate host 308 (see S3 Table), with a pooled prevalence of 30.37% (95% CI: 24.72-36.34%) and high heterogeneity across studies ($I^2 = 99.8\%$, Table 4; forest plot presented in S1e 309 310 Fig). In the northeastern region of China, only P. westermani has been reported in the 311 second intermediate host, with no reports of the existence of *P. skrjabini* (see Fig 4b). 312 The second intermediate hosts of P. skrjabini included crabs of the Potamidae, 313 Lithodidae, and Parathelphusidae families. Crabs of the Potamidae family were the 314 most common second intermediate host, with Sinopotamon spp. being the most 315 significant, exhibiting a pooled prevalence of 31.53% (95% CI: 24.92% - 38.53%). Additionally, other freshwater crabs such as Nanhaipotamon spp., Potamon spp., and 316 317 Tenuilapotamon spp. of the Potamidae family, Somanniathelphusa spp. of the 318 Parathelphusidae family, and *Malayopotamon* spp. of the Lithodidae family can also

319 serve as the second intermediate hosts for *P. skrjabini* (see Table 4).

Subgroup analysis and the meta-regression model indicated that the infection rates of *P. westermani* and *P. skrjabini* in the second intermediate host did not exhibit significant differences among different crustacean genera, across different time periods, and with different detection methods (see Table 4, S7 Table).

324

325 Table 4. Estimates of pooled prevalence and subgroup analysis of *Paragonimus* infection in

	No. of data Sample		No. of	Pooled prevalence,	I ² , %	$R^2, \%$	QE P	
	points	size	positive	% (95% CI)		(QM P value)	value	
P. westermani	100	165276	40049	52.02 (44.35; 59.64)	99.6			
Year of investigation						3.27 (0.097)	< 0.0001	
Before 1990	44	86716	24212	62.67 (51.44; 73.25)	99.5			
1990–1999	15	66150	10488	43.24 (24.96; 62.51)	99.8			
2000-2009	22	6490	2762	41.69 (26.41; 57.82)	98.8			
After 2010	19	5920	2587	45.80 (29.06; 63.03)	99.5			
Genus of hosts						0.00 (0.492)	< 0.0001	
Sinopotamon	70	157429	35929	52.86 (43.68; 61.94)	99.7			
Nanhaipotamon	3	175	53	26.02 (0.26; 69.67)	95.0			
Huananpotamon	2	1349	697	27.65 (0.00; 79.19)	98.8			
Malayopotamon	1	21	3	14.29 (0.00; 88.26)	NE			
Lithodes	1	72	61	84.72 (14.42; 100.00)	NE			
Eriocheir	1	85	16	18.82 (0.00; 88.53)	NE			
Cambaroides	20	5515	3110	59.79 (42.65; 75.79)	99.4			
Macrobrachium	2	630	180	28.57 (0.00; 79.70)	0.00			
Detection method						0.00 (0.501)	< 0.0001	
Artificial digestion	55	94460	26665	50.15 (39.81; 60.49)	99.4			
Direct compression	25	8923	4135	59.75 (44.42; 74.17)	99.5			
Not specified	20	61893	9249	47.42 (30.79; 64.34)	99.7			
P. skrjabini	109	198209	41426	30.37 (24.72; 36.34)	99.8			

326 the second intermediate host 루

Year of investigation						1.90 (0.184)	< 0.0001
Before 1990	24	21578	4833	32.76 (19.69; 47.33)	99.1		
1990–1999	22	84633	6773	21.85 (11.35; 34.57)	99.8		
2000–2009	23	66211	23849	40.59 (27.31; 54.59)	99.9		
After 2010	40	25787	5971	30.13 (18.95; 42.62)	99.2		
Genus of hosts						7.59 (0.065)	< 0.0001
Sinopotamon	74	167883	37566	31.53 (24.92; 38.53)	99.8		
Nanhaipotamon	7	1318	480	34.30 (13.74; 58.42)	80.5		
Potamon	5	1911	458	26.03 (6.31; 53.05)	99.1		
Tenuilapotamon	3	3195	2182	27.96 (3.52; 63.48)	99.6		
Aparapotamon	3	1880	307	15.66 (0.00; 48.85)	78.0		
Bottapotamon	3	189	127	75.72 (39.60; 98.48)	96.1		
Malayopotamon	2	104	62	42.94 (5.44; 85.95)	95.8		
Huananpotamon	2	82	27	33.89 (1.83; 78.46)	0.0		
Sinolapotamon	1	3596	6	0.17 (0.00; 38.11)	NE		
Tiwaripotamon	1	3898	2	0.05 (0.00; 36.44)	NE		
Neilupotamon	1	116	6	5.17 (0.00; 58.20)	NE		
Parvuspotamon	1	223	73	32.74 (0.00; 89.38)	NE		
Potamiscus	1	24	23	95.83 (38.43; 100.00)	NE		
Tenuipotamon	1	141	38	26.95 (0.00; 85.44)	NE		
Lithodes	3	13627	69	9.41 (0.00; 39.93)	97.0		
Somanniathelphusa	1	22	0	0.00 (0.00; 47.47)	NE		
Detection method						1.75 (0.135)	< 0.0001
Artificial digestion	68	172632	35089	26.01 (19.38; 33.23)	99.9		
Direct compression	28	17125	4220	36.91 (25.41; 49.19)	98.3		
Not specified	13	8452	2117	40.59 (23.73; 58.66)	99.2		

327 NE: not estimated; R^2 represents the proportion of true heterogeneity that can be explained by the

328 moderator, the QE *P* value shows the significance of residual heterogeneity that is unaccounted

329 for by the moderator, and the QM *P* value shows whether the moderator is statistically significant

in explaining heterogeneity.

331

332 Fig 4. Spatial distribution of *P. westermani* and *P. skrjabini* infection in the second

333 intermediate hosts in China. (a) *P. westermani* infection in the second intermediate hosts;

334 (b) *P. skrjabini* infection in the second intermediate hosts.

336 Infection of P. westermani and P. skrjabini in animal

338 Overall, 10 studies reported P. westermani infection in animal reservoirs (see S4 Table), with a pooled prevalence of 21.40% (95% CI: 7.82-38.99%) and high 339 heterogeneity across studies ($I^2 = 94.9$ %, Table 5; forest plot presented in S1g Fig). 340 341 Cats (37.15% (95% CI: 9.61 - 69.92%)) and dogs (11.68% (95% CI: 0.00 - 36.56%)) 342 were identified as the most common animal reservoirs for P. westermani. Twelve studies reported P. skrjabini infection in animal reservoirs (see S4 Table), 343 with a pooled prevalence of 20.31% (95% CI: 9.69-33.38%) and high heterogeneity 344 across studies ($I^2 = 95.2$ %, Table 5; forest plot presented in S1f Fig). Similar to P. 345 346 westermani, cats (36.35% (95% CI: 20.74-53.51 %)) and dogs (5.79% (95% CI: 347 0.00–23.03 %)) were identified the most common animal reservoirs for *P. skrjabini*. 348 Subgroup analysis and meta-regression models indicated that animal categories, 349 lifestyle (wild or domestic), or detection methods could significantly explain the 350 observed heterogeneity (see Table 5, S8 Table).

351

352 Table 5. Estimates of pooled prevalence and subgroup analysis of *Paragonimus* infection

	No. of data points	Sample size	No. of positive	Pooled prevalence, % (95% <i>CI</i>)	<i>I</i> ² , %	$ \begin{array}{c} R^2, \% \\ (QM P \text{ value}) \end{array} $	QE P value
P. westermani	13	1353	307	21.40 (7.82; 38.99)	94.9		
Year of investigation						5.40 (0.266)	< 0.0001
Before 1990	7	999	275	34.00 (12.82; 59.07)	94.0		
1990–1999	3	269	25	12.25 (0.00; 46.27)	95.2		
After 2010	3	85	7	6.37 (0.00; 37.97)	75.4		

353 in animal reservoir

337

reservoirs

Family of hosts						0.00 (0.609)	< 0.0001
Canidae	6	936	210	11.68 (0.00; 36.56)	96.2		
Felidae	5	299	74	37.15 (9.61; 69.92)	96.1		
Viverridae	1	66	13	19.70 (0.00; 85.85)	NE		
Mustelidae	1	52	10	19.23 (0.00; 85.87)	NE		
Life style						0.00 (0.702)	< 0.0001
Domestic	10	1214	274	24.70 (4.93; 40.41)	96.1		
Wild	3	139	33	22.57 (1.18; 68.23)	69.3		
Detection method						0.00 (0.545)	< 0.0001
Sedimentation	2	55	7	12.44 (0.00; 60.11)	42.5		
Direct compression	2	54	22	41.81 (2.41; 89.04)	0.00		
Kato-Katz	1	30	0	0.00 (0.00; 51.65)	NE		
Not specified	8	1214	278	23.59 (6.13; 47.41)	96.6		
P. skrjabini	20	1067	180	20.31 (9.69; 33.38)	95.2		
Year of investigation						10.34 (0.168)	<0.0001
Before 1990	5	199	53	30.53 (8.60; 58.19)	94.5		
1990–1999	5	408	17	3.52 (0.00; 21.03)	91.3		
2000-2009	5	167	56	30.31 (8.36; 58.09)	83.4		
After 2010	5	293	54	23.88 (4.94; 50.39)	96.3		
Family of hosts						26.53 (0.046)	< 0.0001
Felidae	11	433	146	36.35 (20.74; 53.51)	93.7		
Canidae	5	319	20	5.79 (0.00; 23.03)	79.5		
Muridae	1	223	0	0.00 (0.00; 29.15)	NE		
Viverridae	1	43	8	18.60 (0.00; 72.12)	NE		
Suidae	1	21	0	0.00 (0.00; 39.21)	NE		
Mustelidae	1	28	6	21.43 (0.00; 76.78)	NE		
Life style						20.34 (0.018)	< 0.0001
Domestic	11	480	130	33.12 (17.50; 50.78)	95.3		
Wild	9	587	50	8.09 (0.40; 22.06)	92.3		
Detection method						25.37 (0.029)	< 0.0001
Direct compression	6	231	90	45.69 (23.38; 68.90)	92.7		
Sedimentation	9	542	65	13.88 (3.16; 29.65)	94.9		1
Kato-Katz	2	194	5	1.28 (0.00; 24.62)	70.6		
Not specified	3	100	20	15.93 (0.05; 46.32)	89.7		

354 NE: not estimated; R^2 represents the proportion of true heterogeneity that can be explained by the

355 moderator, the QE *P* value shows the significance of residual heterogeneity that is unaccounted

356 for by the moderator, and the QM *P* value shows whether the moderator is statistically significant357 in explaining heterogeneity.

358

359 Publish bias and sensitivity analysis

Asymmetry in the funnel plots and the results of Egger's test indicated the presence of publication bias (see S2 Fig). The sensitivity analysis results demonstrated that the pooled prevalence estimate did not change significantly after the removal of outlier data points or data points with small sample sizes (95% *CI* overlapped; see S9 Table).

365 Biogeographical characteristics of P. westermani and P.

366 skrjabini infections

367 To investigate the biogeographical characteristics of *Paragonimus* occurrences, we 368 created scatter plots using the climate features of P. westermani and P. skrjabini 369 endemic sites and 1000 random points. The results indicate that, compared to random 370 points, endemic sites of P. westermani and P. skrjabini are mainly distributed in 371 regions with lower altitude and higher temperature and precipitation (see S10 Table 372 and Fig 5). Specifically, endemic sites of P. westermani are predominantly distributed 373 in areas with an altitude below 1166.0m, annual temperature above 1.0°C, annual 374 precipitation above 541.0mm, mean temperature of the warmest quarter above 18.3°C, 375 and precipitation of the warmest quarter above 304.0mm. On the other hand, endemic 376 sites of P. skrjabini are distributed in areas with altitude below 2188.0m, annual 377 temperature above 10.9°C, annual precipitation above 578.0mm, mean temperature of 378 the warmest quarter above 19.5°C, and precipitation of the warmest quarter above 379 257.0mm. When comparing the two *Paragonimus* species, the endemic points of *P*.

westermani have lower altitudes (below 1166.0m for *P. westermani*; 2188.0m for *P. skrjabini*) and lower mean temperature of the coldest quarter (above -20.1°C for *P. westermani*; -0.8°C for *P. skrjabini*).

383

Fig 5. Environmental characteristics of areas with reported *Paragonimus* infections in
China.

386

387 **Discussion**

In this study, we summarized the infection status and geographical distribution of *P*. *westermani* and *P. skrjabini* in humans and animal hosts in China. Our findings indicate that *Paragonimus* infection is widely distributed and remains prevalent in China, with variations in the transmission vectors, second intermediate hosts, and geographical distribution between *P. westermani* and *P. skrjabini*. Furthermore, environmental factors such as temperature and precipitation may influence the distribution of *Paragonimus*.

395 After years of educational efforts, the reported number of human paragonimiasis 396 cases has significantly decreased in most areas of China (see Table 1). However, it is 397 noteworthy that after 2010, a considerable number of reported cases persist in areas 398 such as Chongqing (1073) and Sichuan (595), with many other provinces and 399 municipalities also continuing to report cases, highlighting the need for ongoing 400 control efforts against paragonimiasis. Another notable issue is the significant 401 involvement of children and adolescents in paragonimiasis cases, both before and 402 after 2010 [22-24]. In certain endemic areas, particularly in rural or mountainous 403 regions, practices such as local children drinking untreated water and consuming undercooked shrimp and crab are more common among children compared to adults
[25, 26], underscoring the necessity for enhanced health education on paragonimiasis
in schools in key areas. Additionally, human infection may be more widespread and
underestimated due to a lack of training of health workers to identify paragonimiasis
and a deficient case-reporting system [27].

409 The distribution regions of P. westermani and P. skrjabini in China exhibit both 410 differences and overlaps. In the northeastern areas of China, only *P. westermani* has 411 been documented, while in the southern part of China, both species coexist. The 412 difference in the distribution of the two Paragonimus species is likely due to 413 variations in their second intermediate hosts. Specifically, Sinopotamon, primarily distributed in the southern part of China, serves as the main second intermediate host 414 415 for both P. westermani and P. skrjabini [28, 29]. On the other hand, Cambaroides, 416 which inhabits the northeastern region of China, can only serve as the second 417 intermediate host for P. westermani [30]. On the other hand, Cambaroides, which 418 inhabits the northeastern region of China, can only serve as the second intermediate 419 host for P. westermani [30]. It has been reported that P. westermani and P. skrjabini 420 share some common intermediate hosts, such as Semisulcospira, Tricula, Erhaiini, 421 and Bythinella in the first intermediate host, and Huananpotamon in the second 422 intermediate host [31, 32]. Additionally, the cercariae and metacercariae of P. 423 westermani and P. skrjabini are morphologically similar[33]. Therefore, in areas 424 where the two Paragonimus species overlap, there may be misclassification when 425 detecting the infection in intermediate hosts. To accurately differentiate between the 426 different Paragonimus species, nucleic acid detection is recommended to be 427 conducted simultaneously in epidemiological surveys.

428

The infection rates of Paragonimus in intermediate hosts exhibit significant

429 variation. In the first intermediate host, the infection rate of P. westermani ranged 430 from 0.00% to 6.72%, while the infection rate of *P. skriabini* ranged from 0.00% to 431 14.80% (see S2 Table). In the second intermediate host, the infection rate ranged from 432 0% to 100% (see S3 Table). None of the known moderators, including the taxonomic 433 category of the intermediate host, year of survey, and detection methods, can 434 significantly explain the heterogeneity across studies (see S6 and S7 Tables). 435 Therefore, it is necessary to conduct random sampling surveys in different regions to 436 further understand the factors that influence the infection rates of *Paragonimus* in 437 intermediate hosts.

438 In many regions of China, it is common for residents to consume marinated or 439 drunken crabs in their raw state [4, 34]. However, the methods of salting and soaking 440 in alcohol are not completely effective in killing the metacercariae [35, 36]. Another 441 prevalent practice is the consumption of freshwater crabs and crayfish through stir-442 frying, but inadequate heating may not fully eliminate the parasites [37, 38]. Human 443 infection occurs through the consumption of inadequately cooked freshwater 444 crustaceans containing the infective metacercariae. Given the persistently high 445 infection rates of Paragonimus in the second intermediate host (with a pooled 446 prevalence of 52.02% (95% CI: 42.65 - 75.79%) for P. westermani and 30.37% (95% 447 CI: 24.72 - 36.34%) for *P. skrjabini*; see Table 4), and the continued popularity of 448 consuming raw or undercooked freshwater crustaceans in many areas of China, 449 paragonimiasis remains a significant public health threat to the Chinese population.

The analysis of biogeographical characteristics revealed that temperature and precipitation might influence the distribution of *Paragonimus* (see Fig. 4). Temperature may affect the distribution of *Paragonimus* by influencing the survival of the intermediate host (snails and crustaceans) or by affecting the development of 454 Paragonimus. For example, research by Hu et al. indicates that the development of 455 the eggs of *P. heterotremus* is closely related to the external temperature [39]. 456 Development is slow or even halted at temperatures below 12°C, and does not occur 457 at temperatures above 37°C. Chiu has found that the optimum temperature for the 458 development of P. iloktsuensis in T. chiui is 22 to 30°C [40]. Our study results 459 indicate that, compared to P. skrjabini, P. westermani can survive in regions with 460 lower temperatures, such as northeastern China (see Fig. 5), suggesting that P. westermani exhibits great tolerance to low temperatures. Similarly, Fan and 461 colleagues have found that metacercariae of P. westermani can still develop into 462 463 mature worms in rats after storage at 4°C for up to 234 days [41].

464 *Paragonimus* infections have been predominantly documented in eastern China.
465 This geographical distribution is closely associated with water supply, with
466 precipitation playing a crucial role in the distribution of aquatic snails and crustaceans
467 [42], both of which are integral to the *Paragonimus* life cycle. The higher levels of
468 precipitation in eastern China create environments that are more conducive to the
469 survival and proliferation of intermediate hosts, thereby increasing the risk of
470 *Paragonimus* infections in these areas [43].

471 In this study, we pooled studies from numerous sites to achieve a relatively large 472 sample size to summarize the infection rate of P. westermani and P. skrjabini in 473 humans, intermediate hosts, and animal reservoirs. However, several limitations of 474 our study should be considered. Firstly, the absence of literature reporting 475 Paragonimus infections in certain areas does not necessarily indicate that Paragonimus infections do not exist there; it may be due to a lack of research in those 476 477 areas or unpublished research findings. Secondly, significant heterogeneity was 478 detected across studies, and most of the heterogeneity could not be explained by

479 known moderators. Lastly, publication bias exists in this study, which may cause bias 480 in the estimates of pooled prevalence. Therefore, the results of our study should be 481 interpreted with caution. Despite these limitations, our study systematically 482 summarizes the infection status of *P. westermani* and *P. skrjabini* in humans, 483 intermediate hosts, and animal reservoirs in China, and elucidates their spatial 484 distribution. The findings may provide valuable insights for the control of 485 paragonimiasis in China.

486

487 **Conclusions**

488 Paragonimus infection remains widely distributed and prevalent in China, with 489 children and adolescents at high risk in endemic areas. Variations exist in the 490 intermediate hosts and geographical distribution of *P. westermani* and *P. skrjabini* 491 infections in China. *P. skrjabini* infections are predominantly concentrated in more 492 southern regions compared to *P. westermani*. Additionally, Imperature and 493 precipitation may influence the distribution of *P. westermani* and *P. skrjabini*.

494

495 Financial Disclosure Statement

This research was funded by the Shandong Provincial Natural Science Foundation (https://cloud.kjt.shandong.gov.cn/) (grant no. ZR2019MH093, ZR2023MH313), the Shandong Provincial Youth Innovation Team Development Plan of Colleges and Universities (http://edu.shandong.gov.cn/) (grant no. 2019-6-156, Lu-Jiao), the National Parasite Resource Bank (https://www.most.gov.cn/index.html) (grant no. NPRC-2019-194-30), the Quality Education Teaching Resources Project of Shandong 502 Province and Weifang Medical University (http://edu.shandong.gov.cn/) (grant no.

503 SDYAL2022152, 22YZSALK01, 23YJSALK01), Joint Research Program of China

504 National Center for Food Safety Risk Assessment (https://cfsa.net.cn/) (grant no.

505 LH2022GG08, LH2022GG02), and the National Natural Science Foundation of

506 China (https://www.nsfc.gov.cn/) (grant no. 81902905).

507 The funders had no role in study design, data collection and analysis, decision to

508 publish, or preparation of the manuscript.

509

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642 Supporting information

- 643 S1Table. Publications reporting *Paragonimus* infection in humans.
- 644 S2Table. Publications reporting *Paragonimus* infection in the first intermediate645 hosts.
- 646 S3Table. Publications reporting *Paragonimus* infection in the second
 647 intermediate hosts.

- 648 S4Table. Publications reporting *Paragonimus* infection in animal reservoirs.
- 649 S5Table. Multivariable meta-regression analyses for *Paragonimus* infection in
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- 651 S6Table. Multivariable meta-regression analyses for *Paragonimus* infection in the
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- 655 S8Table. Multivariable meta-regression analyses for *Paragonimus* infection in
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- 657 S9Table. Sensitivity analysis of the pooled prevalence of *Paragonimus* in humans,
- 658 the first intermediate hosts, the second intermediate hosts, and animal reservoirs.
- 659 S10Table. Environmental characteristics of areas with reported P. westermani
- 660 and *P. skrjabini* infections in China.
- S1Fig. Forest plots of prevalence of *Paragonimus* species in humans, the first
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- 667 S2Fig. Funnel plot for assessing publication bias in studies reporting prevalence
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- 669 s species in humans, the first intermediate host, the second intermediate host,
- 670 and animal reservoirs (a) Paragonimus in humans; (b) P. skrjabini in the first
- 671 intermediate host; (c) *P. westermani* in the first intermediate host; (d) *P. skrjabini*

- 672 in the second intermediate host; (e) *P. westermani* in the second intermediate host;
- 673 (f) *P. skrjabini* in animal reservoir; (g) *P. westermani* in animal reservoir.

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675 Figures and Tables

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- 677 Fig 2. Spatial distribution of human paragonimiasis cases docummented in China.
- 678 Fig 3. Spatial distribution of P. westermani and P. skrjabini infection in the first
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- 680 *P. skrjabini* infection in the first intermediate hosts;
- 681 Fig 4. Spatial distribution of P. westermani and P. skrjabini infection in the second
- 682 intermediate hosts in China. (a) *P. westermani* infection in the second intermediate hosts;
- 683 (b) *P. skrjabini* infection in the second intermediate hosts.
- 684 Fig 5. Environmental characteristics of areas with reported *Paragonimus* infections in
- 685 China.
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- 687 Table 2. Estimates of pooled prevalence and subgroup analysis of *Paragonimus* in
- 688 humans.
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- 694 animal reservoirs.

695

696 Data reporting

- 697 The data that supports the findings of this study are available in the supplementary
- 698 material of this article.















S1a Fig. Forest plots of prevalence of Paragonimus in humans.

Click here to access/download Supporting Information S1a_Fig.tif S1b Fig. Forest plots of prevalence of P. westermani in the first intermediate host.

Click here to access/download Supporting Information S1b_Fig.tif S1c Fig. Forest plots of prevalence of P. skrjabini in the first intermediate host.

Click here to access/download Supporting Information S1c_Fig.tif S1d Fig. Forest plots of prevalence of P. westermani in the second intermediate host.

Click here to access/download Supporting Information S1d_Fig.tif S1e Fig. Forest plots of prevalence of P. skrjabini in the second intermediate host.

Click here to access/download Supporting Information S1e_Fig.tif S1f Fig. Forest plots of prevalence of P. skrjabini in animal reservoir.

Click here to access/download Supporting Information S1f_Fig.tif S1g Fig. Forest plots of prevalence of P. westermani in animal reservoir.

Click here to access/download Supporting Information S1g_Fig.tif S2a Fig. Funnel plot for assessing publication bias in studies reporting prevalence of Paragonimus in humans.

Click here to access/download Supporting Information S2a_Fig.tif S2b Fig. Funnel plot for assessing publication bias in studies reporting prevalence of P. skrjabini in the first intermediate host.

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Click here to access/download Supporting Information S2c_Fig.tif S2d Fig. Funnel plot for assessing publication bias in studies reporting prevalence of P. skrjabini in the second intermediate

Click here to access/download Supporting Information S2d_Fig.tif S2e Fig. Funnel plot for assessing publication bias in studies reporting prevalence of P. westermani in the second intermediate

Click here to access/download Supporting Information S2e_Fig.tif S2f Fig. Funnel plot for assessing publication bias in studies reporting prevalence of P. skrjabini in animal reservoir.

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